


Week 1: 13th Apr, 4th May,
25th May, 15th Jun, 6th Jul,
27th Jul, 17th Aug, 7th Sep,
28th Sep, 19th Oct

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Girlington Primary School Menu

Mon



ProVeg Halal Mild Chicken Curry

Indian inspired
aromatic Red Tractor
Halal Chicken, Sweet
Potato & Vegetable
Curry, served with
Rainbow Rice.



ProVeg Creamy Mac & Cheese

A Macaroni
Pasta dish, coated
in a creamy Mature
Cheddar Sauce,
served with crusty
Bread.



Chinese Quorn Curry

A Chinese-style Quorn
Curry, served with
Rainbow Rice.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**



Lemon Shortcake & Custard

A rich Shortbread
finger with a hint of
Lemon, served with
Custard.

Tue



Halal Keema Whirl

Red Tractor
Accredited HMC Beef
Mince & Vegetables
seasoned with Indian
Spices and encased in
Pastry.



Golden Cheese Whirl

Cheese, Potato &
Onion, encased in
Puff Pastry, served
with Seasoned
Potatoes.



Mascarpone Pasta

A creamy Sauce
with Tomatoes,
Mascarpone Cheese
and Herbs, served
with Crusty Bread.

**Selection of
Sandwiches /
Hot Sub Roll**



Sprinkle Cake

Homemade -
reduced sugar -
Vanilla Sponge,
lightly topped with
water Icing and
Sprinkles.

Wed



Halal Roast Chicken Breast

Red Tractor accredited
HMC Chicken Breast,
served with Yorkshire
Pudding, Roast
Potatoes & Vegan Gravy.



Savoury Soya Mince & Yorkshire Pudding

Soya Mince &
Vegetables, served in
a Yorkshire Pudding.



Spaghetti Marinara

A Tomato & mildly
spiced Sauce
combined into
cooked
Spaghetti, topped
with Cheese.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**



Decorated Fruit Jelly

Jelly with Fruit,
topped with Fresh
Cream.

Thu



Classic Cheese & Tomato Pizza

Wholemeal 50/50 base,
topped with a
lightly spiced Sauce
and topped with
Mozzarella / Cheddar
Cheese, served with
Chips / Jacket Wedges.



Vegetable Samosa

Vegetables in a light
Spice, encased in
Pastry & baked. Served
with Raita, Chips /
baked Jacket Wedges.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**



Chocolate Sponge & Chocolate Sauce

Homemade, light
Chocolate Sponge,
served with
Chocolate Sauce.

Fri

MSC Breaded Fish Fillet Fingers

MSC Fish Fillet
Fingers, served with
Chips / Jacket Wedges.

MSC Salmon & Sweet Potato Fishcake

MSC Salmon & Sweet
Potato, served with
Chips / Jacket Wedges.



Arrabiata Pasta

Chilli Tomato Sauce
with Lentils & Peppers,
served with Pasta &
Crusty Bread.

**Selection of
Sandwiches /
Hot Sub Roll**



Vanilla Cookie


Custard flavoured
Cookie.



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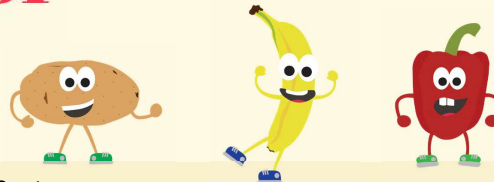


Week 2: 20th Apr, 11th May,
1st Jun, 22nd Jun, 13th Jul,
3rd Aug, 24th Aug, 14th Sep,
5th Oct, 26th Oct

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.


Girlington Primary School Menu



Mon

 **Halal Keema Biryani**
Red Tractor accredited
HMC Beef Mince & Peas,
in a Spicy Pilau Rice.

 **Pomodoro Pasta**
A simple, delicious,
rich Tomato Sauce
with Beans, served
with Crusty Bread.

Selection of
Sandwiches /
 Hot Sub Roll

 **Peaches & Ice
Cream with Syrup**
Vanilla Ice Cream
with Tinned Peach
Slices, with a
Chocolate flavoured
Syrup.


Tue

 **Soya Mince Chilli
with Rice & Nachos**
Soya Mince in a spicy
Tomato Sauce, served
with Rice & Nachos.


 **Golden
Cheese Flan**
Mature Cheddar
Cheese & Egg, baked
in a Pastry case,
served with Seasoned
Potatoes, Seasonal
Vegetables / Salad.

 **Chinese Quorn
Curry**
A Chinese-style Quorn
Curry, served with
Rainbow Rice.

Assorted
Jacket
Potatoes /
Selection of
Sandwiches


 **Lemon Drizzle**
A fluffy Lemon
Sponge with Icing
Drizzle, served with
optional Custard.


Wed

 **Halal Chicken Bhuna**
Red Tractor accredited
HMC Chicken stir-fried
and slow cooked in a
spicy Bhuna Masala.


 **American-style
Quorn Hot Dog**
Quorn Sausage served
in a Bun, with
Seasoned Potatoes.


 **Mascarpone
Pasta**
A creamy Sauce
with Tomatoes,
Mascarpone Cheese
and Herbs, served
with Crusty Bread.

Selection of
Sandwiches /
 Hot Sub Roll

 **Paris Sandwich**
A light, sweet
Pastry with Jam,
sandwiched in
between, served with
Custard.

Thu

 **Classic Cheese &
Tomato Pizza**
Wholemeal 50/50 base,
topped with a
lightly spiced Sauce
and topped with
Mozzarella / Cheddar
Cheese, served with
Chips / Jacket Wedges.

 **Loaded
Rainbow Pizza**
Wholemeal 50/50
base topped with a
lightly spiced Sauce,
and topped with
Mozzarella / Cheddar
Cheese & Chips /
Jacket Wedges.

 **Lentil &
Sweet Potato Curry**
Lentils & Sweet
Potato cooked in a
mild Curry Sauce &
Coriander, served with
Naan Bread.

Assorted
Jacket
Potatoes /
Selection of
Sandwiches

 **Marble Sponge &
Chocolate Sauce**
Homemade Sponge
with hints of both
Vanilla & Chocolate
Cake, served with
Chocolate Sauce.

Fri

 **Halal Chicken
Burger in a Bun**
Red Tractor
accredited HMC
Chicken Burger,
served in a Bread Roll
with Salad and Chips
/ Jacket Wedges.

 **Quorn Pattie
Burger in a Bun**
Quorn
Sausage-style
Pattie, served in
a Breadcake with
baked Jacket
Wedges / Chips.

 **Spaghetti
Marinara**
A Tomato & mildly
spiced Sauce
combined into
cooked
Spaghetti, topped
with Cheese.

Assorted
Jacket
Potatoes /
Selection of
Sandwiches

 **Gallydale Biscuits**
Homemade, crumbly,
Oaty Biscuit.




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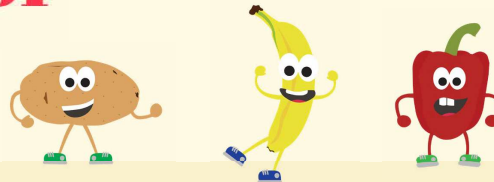
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Week 3: 27th Apr, 18th May,
8th Jun, 29th Jun, 20th Jul,
10th Aug, 31st Aug, 21st Sep,
12th Oct, 2nd Nov

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Girlington Primary School Menu



Mon



**Halal
Keema & Peas**
Red Tractor
Accredited HMC Beef
Mince & Peas, served
with a Spicy Pilau
Rice.



**Mexican Style
Burrito**
Rice, Sweet Potato,
Beans & Vegetables
seasoned with
Mexican spices &
baked in a Tortilla
Wrap.



**Mascarpone
Pasta**
A creamy Sauce
with Tomatoes,
Mascarpone Cheese
and Herbs, served
with Crusty Bread.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**



Flapjack
A sweet Bar made
with Oats, Golden
Syrup & Butter.

Tue



**Homemade
Cheese & Onion
Pasty**
Creamed Potatoes
with Cheese &
Onions encased in
Pastry.



**Chickpea
Tikka Masala**
Chickpea's cooked in
a Tikka Masala Sauce,
served with Basmati
Rice.



Pomodoro Pasta
A simple, delicious,
rich Tomato Sauce
with Beans, served
with Crusty Bread.

**Selection of
Sandwiches /
Hot Sub Roll**



**Strawberry
Sponge & Custard**
Homemade, light
Vanilla Sponge with a
Strawberry Jam Swirl,
served with Custard.

Wed



**Halal Chicken
Kebab**
Red Tractor Accredited
HMC minced
Chicken with Indian
spices served on a
Flatbread / Tortilla with
Salad & Riata.



Neapolitan Pasta
Seasonal Veg, Beans
& Herbs cooked and
blended into a rich
Tomato Sauce, served
with Pasta.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**



**Pears & Ice
Cream with Syrup**
Vanilla Ice Cream
with Tinned Pear
Slices, with a
Chocolate flavoured
Syrup.

Thu



**Classic Cheese &
Tomato Pizza**
Wholemeal 50/50 base,
topped with a
lightly spiced Sauce
and topped with
Mozzarella / Cheddar
Cheese, served with
Chips / Jacket Wedges.



**Mini Power
Ball Pizza**
Wholemeal 50/50 base
topped with a lightly
spiced Sauce, and topped
with Mozzarella / Cheddar
Cheese & Meatless Balls,
served with Chips / Jacket
Wedges.



Arrabiata Pasta
Chilli Tomato Sauce
with Lentils & Peppers,
served with Pasta &
Crusty Bread.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**



**Chocolate
Sponge &
Chocolate Sauce**
Homemade, light
Chocolate Sponge,
served with
Chocolate Sauce.

Fri

**MSC Battered
Fish Fillet**
MSC Battered Fillet of
Fish, served with Chips
/ Jacket Wedges.



**Vegetable
Pakoras**
Mixed Vegetables
& Onion coated in
Tempura Batter,
served with Chips /
baked Jacket
Wedges & Riata.



Aloo Channa
Chickpea & Vegetable
Curry, served with Rice
& Salad.

**Selection of
Sandwiches /
Hot Sub Roll**



Butterfly Buns
Individual,
decorated Sponge-
based Dessert.



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