

MANNINGHAM WELLBEING HUB

COMMUNITY OPEN DAY

COME AND JOIN US



**10% off Coffee & Cake
at Listers Coffee Shop**

Cholesterol Tests

Reiki taster sessions

Blood Pressure Checks

Equipment Demonstrations

Craft Sessions with Yorkshire Women's Forum

Join us for a fun, interactive Open Day! Connecting local people and organisations to celebrate and support community health & wellbeing!

9 OCTOBER - 11AM - 3PM

MANNINGHAM MILLS COMMUNITY
HUB, LILYCROFT ROAD,
BRADFORD, BD9 5BD



Challenging
Disabling Barriers

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