## **Bradford West area Family Hub**

### **Farcliffe Family Hub**

56 Toller Lane, BD8 8QH

We also deliver services at:

St Edmund's Children's Centre Washington Street, BD8 9QW

Crossley Hall Primary Thornton Road, BD8 0HJ

Farnham Primary School Farnham Road, BD7 3JE

Midland Road Nursery School Bateman Street, BD8 7DJ

Abbey Green Nursery Green Lane, BD8 8HT

**City Library** Centenary Square, BD1 1SD

**New Church** Ashfield Avenue, Frizinghall, BD18 3AL

Café West

1 Stead Crescent, Allerton, BD15 7PA

For more information on where we are and what we do, scan the QR code or visit

fyi.bradford.gov.uk



#### Get in touch

- Call us on 01274 436700 (Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)
- F Visit us at fb.com/BradfordWestFamilyHub



#### **Parenting programmes**

We have a range of fantastic parenting programmes delivered at various times (we know how busy family life can be!). You'll meet others in a similar situation in an informal and supportive atmosphere.

You don't need a referral from another service, you can simply apply yourself on **fyi.bradford.gov.uk** or call us.

#### Our recent parenting programmes include:

**Family Links Nurturing** – supporting positive parenting and exploring emotional needs behind behaviour. For parents/carers of children 2-13.

**Talking Teens** - positive parenting and relationship building for parents and carers of children aged 11-18. Covers managing conflict, communicating and more.

Who's in Charge - Parents and primary carers who care for children aged 8 to 18 years of age, who are abusive or violent towards them or who appear out of parental control.

**Time out for dads** - helping dads build a better relationship with their children.

#### **Our events for March**

School nurse parent drop-in – Support with eating, lifestyles, relationships, sleep issues and more.

Women's chit chat group – drop-in for a warm

**Women's chit chat group** – drop-in for a warm drink, chat and peer support.

**DWP employment advisor** – benefits, training and advice. Email: farhana.khalifa@dwp.gov.uk **Sensory play room** – a therapeutic space, perfect for

**Sensory play room** – a therapeutic space, perfect for children with SEND. Call us to book.

**SEND partnership drop-in** - drop-in sessions for families of children with SEND. Email

nakhbar@carersresource.org or call 0808 5015939.

Clothes shack – a free drop-in clothes recycle shop.

Job Club (City Library) –free work clubs to learn IT skills,

create/update your CV, look for jobs and more. **Adult disability gardening group** – by Bradford City disability FC. Call 07818515639 for info.

**CCST** – for families with children with SEND. Call the hub for an appointment and more information.

**Baby Clinic Stay & Play** – Come to our stay & play session while you wait to have your baby weighed.

Manningham wellbeing Hub youth group - Outdoor forest sessions at Farcliffe. Bookable through Ali;01274 594173 or Alii@equalitytogehter.org.uk

**Special Space Inclusion Group 11+** — Movie nights, trips, activities, gaming, food, arts and crafts and more. Bookable through Lukman 07890970716,Khuram 07971179676, Margaret 07974623779.

**Jump aboard** - educational psychologist drop-in **Stitch and Snip** - Wellbeing/sewing group; drop-in.

Wise Owls and Owlets - language development for parents/carers of children 18 months to 4 years.

**Connecting Roma** - drop in for ESOL, employment advice and peer support. Call 07821149504 for info.

**Breaking the cycle drop-in** - advice & support from youth workers about keeping your child safe.

**Baby feeding drop-in** - access support from our breastfeeding support team, peer support volunteers and infant feeding specialists.

**Homework stations** - Now bookable through reception for everyone to use as a quiet space to catch up on work.

**Sleep Workshop** - Appointment based support for families with children who are struggling to sleep. Email admintss@togethertrust.org.uk or speak to the hub.

Bradford Stronger Together coffee morning - a relaxing time for parents with children who have additional needs Carer's Resource coffee morning - Drop in session to

have a coffee and to have some extra support

# West area Family Hub - April Timetable

Monday

Tuesday

Wednesday

Thursday

Friday

Midwife clinic

Farcliffe (all day) Appointment only



**Bookable homework** stations

Farcliffe (all day)

**Bookable Sensory Room** 

Farcliffe 10am to 3pm

Clothes shack

Farcliffe 10am to 3pm



Legal Support drop-in

Farcliffe 10am to 12pm

Carer's Resource coffee morning

Farcliffe, 15th April 10am to 12.30pm



Midwife clinic

Farcliffe (all day) Appointment only



**Bookable homework stations** 

Farcliffe (all day)

Women's chit-chat group

Farcliffe 1pm to 3pm Drop in

Sleep workshop

Farcliffe, 30th April 10am to 4pm Appointment only

**Clothes shack** 

Farcliffe 10am to 3pm

**Bookable sensory** room

Farcliffe 10am to 3pm



Special Space Inclusion Group 11+

Farcliffe 6pm to 8pm Referral only

Manningham Wellbeing Hub Youth Group

Farcliffe 6pm to 8pm

**Children's Community** Support Team (SEND)

Farcliffe 9am to 3pm Appointment only **Clothes shack** Farcliffe 10am to 3pm



**Bookable homework** stations

Farcliffe (all day)

**DWP** advisor

Farcliffe 9.30am to 2pm Drop in

Meet your neighbourhood warden, PCSO and the police

Farcliffe, 9am to 12pm

School nurse drop-in Farcliffe





**Bookable sensory room** 

Farcliffe 10am to 3pm

Stay and Play

Farcliffe 1.15pm to 2.45pm Term time only



Infant feeding drop-in

Farcliffe 11.30am to 2.30pm Midwife clinic

Farcliffe (all dav) Appointment only

**Bookable homework** stations

Farcliffe (all day)

**Baby Clinic & Stay and Play** 

Farcliffe 9.30am to 12pm Drop in

**Health Visitor** 

Farcliffe, 1pm to 3pm Appointment only

Bookable sensory room Farcliffe, 10am to 3pm

Clothes shack

Farcliffe 10am to 3pm

Stitch & Snip

Farcliffe 1pm to 3pm (Drop in)

Job/ Work Club

City Library 10am to 12pm

**BFD Stronger Together Coffee Morning** 

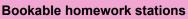
Farcliffe 18th April 10am - 12pm

**Skills House** 

Farcliffe 9.30am to 2pm

Adult disability gardening group Farcliffe

(all day) bookable via 07818515639



Farcliffe (all day)

Bookable sensory room

Farcliffe 10am to 3pm

**Connecting Roma** 

Farcliffe 10am to 2pm

Wise Owls

Abbev Green Nurserv 10am to 3pm

**Horton Housing Advice** 

Farcliffe 12th April 10am to 12 noon

SEND partnership event inc Jump Aboard

Farcliffe, 5th April 10am to 12 noon

Clothes shack

Farcliffe 10am to 3pm

